# **FY2015 CHNA&HIP Progress Report**

### **Adair County update FY 2015**

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#1 Develop a speaker's bureau to increase awareness of health risks and benefits of early identification of health problems.  Develop three 10-15 minute programs to create awareness of priorities annually  Recruit and train a core of professionals and volunteers to deliver programs  Take programs to the community through presentations at library events, chamber/business gatherings, meal sites, service clubs, church groups, and worksites.  #2 Promote awareness through community events.  Develop or purchase displays with information about the priority issues for use at community events.  Participate in community events such as Ag Day and Senior Health Day.  #3 Participate in community events such as Ag Day and Senior Sponsored Senior Day at Adair County Fair. July 2014 Booth at Adair County Varied Industry Building. Skin and Colon Cancer Awareness, blood pressure seglucose screens and public flu clinics held at Greenfield Farmers Market Augu October 2014 - Offered discount labs through ACHS. October 2014 - Promoted Mammography through Care for Yourself Program. Promoted immunizations Toddlerfest April 2015  Replore holding annual coffees in each of the Adair County	Decrease the cancer and chronic disease rates through		
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# Adair County update FY 2015

GOAL		Progress on Strategies
Decrease the cancer and chronic disease rates through		
increase in preventive screens.		
	#3 Develop a better understanding of barriers to male	
	participation in preventive health care and identify ways to	
	overcome barriers.	
	Organize and conduct 2-3 focus groups of male residents.	1 focus group conducted in Stuart in January 2015
	Analyze data collected from focus groups to develop specific	
	plans.	
	#4 Strengthen partnerships to provide education concerning	
	prevention benefits of health insurance.	
	Meet with HR staff for major community employers. Explore	Worked with 2 employers and held a forum open to the public focusing on preventive
	ways to increase employee's understanding of benefits for	screens. In addition a Community Wellness Forum group has been formed. At the
	preventive care including physicals and screenings. Provide	last meeting, the group decided to focus on Preventive Screens
	information about preventive care offered through Adair	
	County Health System. (ACHS)	
	Partner with SHIIP volunteers to provide education for	Materials made available to SHIIP counselor. Certified Application Counselor available
	·	to the public for assistance applying for Marketplace insurance. Counselor also had
	CAC for the Healthcare Insurance Exchange.	preventive screen info available.
	# 5 Increase the use of preventive care and screens by current	
	users of ACHS.	
	Work with providers to develop a preventive and screening	In progress
	practice checklist based on risk factors.	F - 0
	Explore the use of software package(s) to identify and notify	Software available through Mercy ACO grant. Options and features are being
	current patients of need for physicals, immunizations and	explored.
	screenings.	
	Cross-market preventive care and screenings as part of the flu	seasonal
	immunization program.	- Secondi
	minamization program.	

# Adair County update FY 2015

GOAL	Strategies	Progress on Strategies
Decrease the cancer and chronic disease rates through		
increase in preventive screens.		
	#6 Create awareness through the use of mass media and	
	social media	
	Prepare news releases for all newspapers serving Adair County	done
	Arrange for radio interviews of professional staff to discuss	continuing
	health priorities	
	Maintain webpage/Facebook page with current information	ongoing

GOAL	Strategies	Progress on Strategies
Increase the number of community members making		
lifestyle changes that reduce obesity and cancer risks.		
	#1 Engage residents in physical activity through community	
	activities.	
	Plan and host at least 4 activities/initiatives during the year to	July 2014 - Life's A Ball Exercise for Seniors at Senior Day at Adair County Fair
	encourage physical activity.	September 2014 - Color Madness Walk/Run partnered with Fontanelle Enterprise
		Club (>100 participants), April 2015-Toddler Fest - bowling; May 2015-Bicycle Rodeo
	#2 Increase healthy eating choices (food selection and portion	
	size) through community collaboration activities.	
	size) through community conaboration activities.	
	Develop partnerships with other community groups to offer	Feb 2015-Diabetic lunch and learn
		reb 2013-Diabetic idiicii and learn
	nutrition education to at least 2 targeted populations each	
	year.	Health Coach hirad and nartially funded by Marcy ACO grant
	#3 Provide services of Health Coach for residents with chronic	nearth Coach hired and partially funded by Mercy ACO grant.
	conditions.	

# Adair County update FY 2015

GOAL	Strategies	Progress on Strategies
Continue to provide high quality services for prevention,		
early detection and treatment of health problems		
through Adair County Health System		
	#1 Maintain strong infrastructure including state-of-the-art	During FY 15, the following lab tests were added to local lab: MRSA, B12
	laboratory equipment and highly skilled staff.	Folate, H-Pylori correlations, urine cultures
	#2 Explore feasibility for expanding or providing additional	Sept 2014-Oncology Clinic established.
	services such as health coaching, cancer treatment and eye	
	surgery.	